



Lake Placid Synagogue Newsletter

2307 Saranac Avenue, Lake Placid, NY 518-523-3876

Sept/Oct 2013

From the Desk of the Adirondacker Summer 2013 -5773/5774

The summer is almost over and we are beginning our preparations for services and activities to welcome the new year of 5774. As I look back I find it hard to believe that this will be the twentieth year that I will be leading services here in Lake Placid. This year is the earliest that the Jewish year starts in about 400 years, and it will be about 400 years till it occurs this early again.

This is the time of year the challenges and opportunities for Jewish renewal and enhancement are almost here. The congregation will come back into the synagogue from the open air, forests, lakes and streams that have drawn us closer to nature and to God in the good weather. As the leaves begin to turn to bright orange they reflect the fire in our hearts. Now we have a need to turn inward and prepare for the indoor season, when the synagogue will be a haven from the outside world and the weather.

At the High Holiday season we look back on the past year and examine our actions so that we can learn from the past and set a new course for ourselves in the new year. The accent of Rosh Hashannah is self improvement and making this a better world for all. We aim to reach At-one-ment with our God, our families, friends and neighbors - and ourselves - by Yom Kippur, the day of Atonement. We should not kid ourselves that this is an easy task. For me it involves pain and regret for those things which I regard as failures and half hearted attempts. There is also joy and satisfaction in looking at the successes and accomplishments of the past year. Our tradition teaches that we have to pursue *tikkun olam* - the repair of the world, or our small piece of it, and we are not free to decide to do nothing.

This is the time to make that extra effort to be nice to someone we have difficulty with. This is the time to make up differences and separations. For if we as individuals do not make the effort how can we expect others to approach us in reconciliation. We are taught that God waits for the sinner to repent right until the very end. When we let bygones be bygones and give hugs and love to all we know and meet. The Newton principle is always at work, for every action there is an equal and opposite reaction. For every hug we give we get one in return.

I pray that you will join me in this *tikkun olam*, in the synagogue, in the town, in the Adirondacks and in the world. The congregation needs each of us to be involved and active in our own way, so that Judaism can have a viable, living and meaningful presence in this wonderful, precious corner of the world.

I hope that you have all had a wonderful summer and look forward to seeing you at services, social occasions and study.

With best wishes for a happy, healthy, successful and sweet new year,
leshannah tovah tikateivu - may you be inscribed for a good year,

Alec H. Friedmann
Rabbi
adk-reb@ix.netcom.com

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President – Sue Semegram,
518-523-5611, sue@lakeplacidsynagogue.org

V. President – Margie Philo,
518-524-7347, margie@adkpp.com

Treasurer – Phil Feinberg,
518-891-3955, psfeinberg@hotmail.com

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518-891-0080, barbiedoll6@roadrunner.com

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Adrienne Ratigan, Peter Rosenberger,
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Steve Erman

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**JOIN US FOR SHABBAT SERVICES AND
POTLUCK DINNER THE THIRD FRIDAY
EVENING OF EACH MONTH AT 6:30PM**

September 4th Erev Rosh Hashanah 7:30pm
September 5th & 6th Rosh Hashanah 9am
September 13th Kol Nidre 7pm
September 14th Yom Kippur 9am
Sept 27th Sukkot/Simchat Torah/Shabbat 6:30pm
October 18th Service & pot luck 6:30pm

President's Message September 2013

Another year has flown by. Our little synagogue continues to thrive in this sanctuary we call the Adirondacks. My thanks go out to the entire board for helping to keep our synagogue alive and well.

Our grounds continue to look wonderful thanks to Margie Philo. We constantly monitor the status of our aging facility and will be replacing the Windows on the parking lot side as well as insulating that wall. That project will be done right after the High Holidays. Thanks to Steve Bellew for keeping a constant eye on the Building.

Last summer our Shabbat services drew large crowds (for us). High Holidays went quite well and was well attended. We enjoyed the chanting of Cantor Singer who will be returning again this year. Rabbi Friedmann was inspirational.

Again this year our membership has been sustained at the same level as has been over the past few years. We see some new folks who move in for a short time to "test the winters" and then decide they are a bit harsh. It is disappointing to see them move on so quickly, but this area is not for everyone. Our web site has been maintained thanks to volunteer Rose Goodman. Our monthly Shabbat services tend to surprise us – sometime there are very few when we expect to see more, but then we are surprised at times when we have a minyon and then some.

We had a nice turnout for our Chanukah party once again and the latkes were wonderful thanks to Steve Erman and Margot Gold. Our Passover Seder fell during the school holiday again so many of our regular attendees were not there, but we still had about 40 in attendance including many young children!

We started a monthly Sunday evening school and get together for the few children in the area. Thanks to Jordanna Mallach for her continued efforts on this. This summer Rabbi Friedmann ran a drop in and learn with the Rabbi adult education series that was fascinating.

And here we are at the beginning of a new year – so we get to do it all over again. With pleasure!
Sue Semegram, President

A bissel a Yiddish – a continuing tutorial - why "sh" is so important in Yiddish

Here is a little more of this fun list of Yiddish words that begin with "sh". More to come next time.

- SH UL Temple, Synagogue
- SH LEP NACHAS (Exude abundant joy & pride, e.g. A child getting married)
- SH ABBOS Shabbat
- SH ADCHEN Matchmaker

YARTZEITS 2013

5773/5774



Yartzeit Candle/Yizkor Service

There are 4 times a year when Jews light a special candle, called a Yartzeit Candle, in memory of loved ones who have died. Yizkor is a memorial service recited on Yom Kippur as well as the last days of Passover, Shavuot, and Sukkot. Yizkor, the Hebrew word for "remember", asks God to remember those we mourn and to grant them proper rest.

A Yartzeit Candle is lit at sundown on...

The first night of Yom Kippur

The night of Shemini Atzeret
(the 8th night of Sukkot)

The second night of Shavuot

The last night of Passover

Yizkor service takes place the following day.

ELUL

Elul 28	September 3	Simon Meyer
Elul 29	September 4	Harvey N. Samuels

TISHRI

Tishri 1	September 5	Isadore Urfirer
Tishri 2	September 6	Golda Cautin Jacques Hailpern
Tishri 3	September 7	Ben Cohn Leon Eisen Irving Nisson
Tishri 4	September 8	Hannah Feinberg Freda Zorn Sherman
Tishri 9	September 13	Bernard Volpert
Tishri 10	September 14	Adolph Van Dam Ben Balsam
Tishri 11	September 15	Lorna Surkin Goldstien
Tishri 13	September 17	Ann Panick Freda Effenbach
Tishri 19	September 23	Emmily Bartholoment Sheer
Tishri 20	September 24	Mose H. Ginsberg
Tishri 24	September 28	Ann Brodsky
Tishri 27	October 1	Ida W. Shevach
Tishri 28	October 2	Lewis H. Berg Lily Kinberg

CHESHVAN

Cheshvan 1	October 5	Grace Volpert
Cheshvan 5	October 9	Moses Feinberg
Cheshvan 6	October 10	Harry Fendrick
Cheshvan 8	October 12	Abe Kobel
Cheshvan 9	October 13	Morris Edelberg
Cheshvan 10	October 14	Mark Effenbach
Cheshvan 18	October 22	Ezra Feinberg
Cheshvan 21	October 25	Margaret Klein Harold Miller
Cheshvan 22	October 26	Aline Feinberg Jennie Schwartz
Cheshvan 25	October 29	Samuel Volpert, MD
Cheshvan 26	October 30	Irving Krinowitz
Cheshvan 27	October 31	Samuel Hailpern

Each issue of the newsletter contains YARTZEIT observances of individuals that have some connection to the temple. We would appreciate your help by carefully reviewing the list and advising us of any additions or corrections. If your loved ones names do not appear please send the correct information including the exact date so it can be converted to the Hebrew date. We would be honored to publish their names. Please email this to Sue at: sue@lakeplacidsynagogue.org

High Holiday Schedule



Rosh Hashanah:

Wednesday	September 4 th	Eve:	7:30 pm
Thursday	September 5 th	Morning:	9:00 am
		Torah Service:	10:00 am
		Taschlich at the LP Boat Launch	4:00 pm
Friday	September 6 th	Morning:	9:00 am
		Torah Service:	10:00 am

Yom Kippur:

Friday	September 13 th	Kol Nidre:	7:00 pm
Saturday	September 14 th	Morning:	9:00 am
		Torah Service:	10:00 am
		Ne'ilah:	6:00 pm

Sukkot/Simchat Torah

Friday, September 27th, Shabbat Service and Potluck: 6:30 pm

Rosh Hashanah and Yom Kippur are very early this year. The Jewish High Holy Days are observed during the 10 day period between Rosh Hashanah and Yom Kippur. Rosh Hashanah means "head of the year" and is commonly known as the Jewish New Year. It is the day on which the year number changes, but unlike secular New Year celebrations, Rosh Hashanah is a solemn and holy time. It occurs on the first and second days of Tishri, the seventh month of the Jewish calendar, which falls in September or October. Yom Kippur, the Day of Atonement, is the most solemn day of the Jewish year and is observed on the tenth day of Tishri. Sukkot is the Jewish Harvest Festival, also called the Feast of Tabernacle. Simchat Torah follows immediately after Sukkot. We rejoice and sing with the Torahs, for the reestablishment of our covenant with the Torah.

Membership letters went out in July. If you have not yet renewed your membership, please do so as soon as possible. If you are not a member, please consider joining. Our dues are extremely low. If you do not choose to join as a full member, please consider making a donation to help us maintain our haven here in the Adirondacks. If you did not receive a letter and would like one, please call me at 518-523-5611 or email me at sue@lakeplacidsynagogue.org. Many thanks!

A time for Tzedakah As we abstain from food on Yom Kippur, we must add meaning to our fast of repentance, and to the words of Isaiah that we read on this day: "Is this not the fast I have chosen...to share your bread with the hungry?" As we search within ourselves during these High Holy Days, we must also reach outward, seeking to act in ways that give greater meaning to our prayers for forgiveness. The Book of Leviticus tells us to leave the corners of our fields and the gleanings of our harvest for the poor and the stranger. Through our tzedakah we give new life to the ancient Jewish tradition of feeding the hungry. And we deepen the meaning of our Yom Kippur fast by helping to ease the involuntary fast of millions in our country and our world, whose hunger will not end at sundown.

At this time of self-examination, we remember our hungry brothers and sisters by bringing nonperishable food to the synagogue which we will donate to the local food bank. As you gather with friends and family to break your daylong fast, see that you also help break the fast of another. I ask you to share your fast with the hungry this year by giving to an appeal that collects food for those in need both here in our community and beyond. One of these is MAZON: A Jewish Response to Hunger, which helps feed hungry people everywhere. Closer to home is the Regional Food Bank of Northeastern New York. Give what you and your family would have spent on food for this one day, or give any amount that you feel is appropriate. Remember that Leviticus did not tell us the size of the corners of our fields to be left for the poor and the stranger. That element - measuring our own generosity - is left to each of us. Your act of *chesed*, of loving kindness, will help ease the hunger of millions of people for whom fasting brings not meaning, but pain.

High Holidays Rosh Hashanah Sept. 4th 7:30pm, 5th & 6th 9am, Yom Kippur Sept. 13th 7pm, 14th 9am.

Shabbat Services and Potluck dairy dinner, Sept 27th *Note the date*, October 18th.

Lake Placid Synagogue

PO Box 521

Lake Placid, NY 12946-0521