



## ***Lake Placid Synagogue Newsletter***

2307 Saranac Avenue, Lake Placid, NY 518-523-3876

May/June 2013

### **From the Desk of the Adirondacker**

**May / June 2013**

As I look forward in the calendar the first thing that strikes me is that Shavuot is on May 15 and 16, 2013. It means that the liturgical cycle of the Jewish year is almost over. Then we look forward to Rosh Hashanah - New Year. The preparation begins almost immediately.

Shavuot is the time when we remember the giving of the Ten Commandments on Mount Sinai and our Brit - our covenant with God that we would be his people. It is a festival full of expectation and responsibility. We are reminded of our acceptance of the Torah on many occasions - and especially when our young people accept the responsibilities and privileges of Judaism for themselves.

This year the summer is very special for my family and myself. On April 13, 2013 Sue and I became the grandparents of our first grandchild. Evan Joseph Halpern arrived healthy and well in Boston. To all of you who wished us Mazal Tov a hearty thank you. Your wishes are greatly appreciated.

This summer will also be a quiet one for me. I will have surgery on my shoulder to repair a torn rotator cuff (not from skiing) and will be busy with rehab. I am hoping to be well enough to offer some educational classes, as I will be in Lake Placid the whole summer. Watch your email for more information as things develop.

There is but a few short weeks till we get to the summer of the Adirondacks in July and August when the tourists flock to our beautiful part of the world and we have to share it. We will have Shabbat Eve services during these two months, for the visitors and for us.

With best wishes for a wonderful summer and looking forward to seeing you at services.

With best wishes,  
Alec H. Friedmann  
Rabbi  
adk-reb@ix.netcom.com

### **EXECUTIVE BOARD**

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### **BOARD OF DIRECTORS**

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JOIN US FOR SHABBAT SERVICES AND  
POTLUCK DINNER THE THIRD FRIDAY  
EVENING OF EACH MONTH AT 6:30PM\*

May 17<sup>th</sup>, 6:30pm – Service & Potluck  
& Shavout Celebration

June 21<sup>st</sup>, 6:30pm – Service & Potluck

\*Summer Services start July 5<sup>th</sup> and are every  
Friday evening at 8pm for July and August

### **President's Message – May 2013**

What a wonderful way to begin spring – with the birth of a grandchild. Congratulations to Susan and Alec Friedmann on the birth of their first grandson, Evan Joseph Halpern. Yael and Jeremy Halpern are thoroughly enjoying their new status as parents as much as Susan and Alec are enjoying being grandparents. We wish a speedy recovery to our Rabbi who will be having surgery on May 16<sup>th</sup> to repair a torn rotator cuff. He held off having this repair so he could hold his new grandson at his Bris.

Our Sunday school is well under way despite the small number of children in the area. Since the children are our future, this is very exciting! Watch for a special adult learning series to be offered this summer.

Our Community Passover Seder was wonderful as usual with about 40 in attendance. Thanks to our many cooks and bottle washers.

Save the date - Aug. 4<sup>th</sup>, 10am will be our Annual Meeting and brunch. And watch your mail at the end of June for our dues notice.

Sue Semegram, President

**Sunday School Series** will continue when we can find dates convenient for all involved. This is our series of hands on activities for children of all ages about Jewish holidays. Each evening includes a story, an art project and a baking/cooking activity. Activities start at 5:30 and Pizza dinner at 6:30. Dates to be announced. Parents are expected to join their children. While there is no fee for these sessions, we will ask parents to contribute towards dinner. For more information contact Jordanna Mallach at 378-8089 or email her at [jmallach77@gmail.com](mailto:jmallach77@gmail.com).

### **A bisse! a Yiddish – a continuing tutorial - why "sh" is so important in Yiddish**

Here is a little fun list of Yiddish words that begin with "sh". More to come next time.

- SH NORER Someone who mooches, feeds off others, low life
- SH MUCK No need to translate
- SH LIMAZL Someone who can't do anything right, a klutz
- SH MENDRIK Sort of the same as SHLIMAZL
- SH LEMIEL Same as Schlimazel & Shmendrik

# YARTZEITS 2013 5773



## Yartzeit Candle/Yizkor Service

There are 4 times a year when Jews light a special candle, called a Yartzeit Candle, in memory of loved ones who have died. Yizkor is a memorial service recited on Yom Kippur as well as the last days of Passover, Shavuot, and Sukkot. Yizkor, the Hebrew word for "remember", asks God to remember those we mourn and to grant them proper rest.

A Yartzeit Candle is lit at sundown on...

The first night of Yom Kippur

The night of Shemini Atzeret (the 8th night of Sukkot)

The second night of Shavuot

The last night of Passover

Yizkor service takes place the following day.

## LYAR

Lyar 24	May 4	Henrietta Sabel Lillian Ringler
Lyar 26	May 6	Lea Maskovice
Lyar 27	May 7	Annie Wyzanski Spiro Baruch Halpern Harry Vinograd Rene E. Bloch
Lyar 29	May 9	Rebecca Goldberg

## SIVAN

Sivan 3	May 12	Lucy Roberts
Sivan 5	May 14	Abraham Gross
Sivan 7	May 16	Abraham Dreyer
Sivan 9	May 18	Harry Rosenblum
Sivan 11	May 20	Fanny Epstein Harry Silman
Sivan 13	May 22	Hanna Silver
Sivan 14	May 23	Bertha Vinograd
Sivan 15	May 24	William W. Prager Jr.
Sivan 16	May 25	Samuel Fellman
Sivan 18	May 27	Gussie Gellers
Sivan 19	May 28	Samuel Cymberg
Sivan 20	May 29	Jenny Cohn Alan E. Mendelsohn Ben Kinberg
Sivan 23	June 1	Zolton Simoni
Sivan 24	June 2	Samuel Gorssman
Sivan 28	June 6	Victoria Feinberg
Sivan 30	June 8	Yvette Greenberg

## TAMMUZ

Tammuz 1	June 9	Rose L. Berg
Tammuz 3	June 11	Dora Sussman Helen Effenbach
Tammuz 9	June 17	Hilda Mayman
Tammuz 10	June 18	Irving Mendelson Gussie Fellman
Tammuz 11	June 19	Lena Dreyer
Tammuz 12	June 20	Joe Gingsberg
Tammuz 13	June 21	Isaac N. Feinberg
Tammuz 16	June 24	Bart Levy
Tammuz 18	June 26	Ester Black
Tammuz 22	June 30	Lawrence Dodge

Each issue of the newsletter contains YARTZEIT observances of individuals that have some connection to the temple. We would appreciate your help by carefully reviewing the list and advising us of any additions or corrections. If your loved ones names do not appear please send the correct information including the exact date so it can be converted to the Hebrew date. We would be honored to publish their names. Please email this to Sue at: [sue@lakeplacidsynagogue.org](mailto:sue@lakeplacidsynagogue.org)

## **Shavuot Service – Friday, May 17<sup>th</sup> at 6:30pm** (along with our regular Shabbat Service)

Shavuot marks the completion of the 7-week period between Passover and Shavuot. This holiday dates from biblical times and was also known as the Festival of the Giving of the Torah (at Mount Sinai). The Torah tells us it took precisely 49 days for our ancestors to travel from Egypt to the foot of Mount Sinai (the same number of days as the Counting of the Omer) where they were to receive the Torah. Thus, Leviticus 23:21 commands: "And you shall proclaim that day (the fiftieth day) to be a holy convocation!" The name *Shavuot*, "weeks," then symbolizes the completion of a 7-week journey.

Special customs on Shavuot are the reading of the Book of Ruth, which reminds us that we too can find a continual source of blessing in our tradition. Another tradition includes staying up all night to study Torah and Mishnah, a custom called *Tikkun Leil Shavuot*, which symbolizes our commitment to the Torah and that we are always ready to receive the Torah. Traditionally, dairy dishes are served on this holiday to symbolize the sweetness of the Torah, as well as the "land of milk and honey." You are encouraged to bring a dairy dish such as Blintzes or Cheesecake.

### **CHEESE BLINTZES**

#### **For wrapper batter**

3 large eggs  
1/4 cup water  
1/4 cup milk  
1/2 teaspoon baking powder  
1/2 cup all-purpose flour  
1 1/2 teaspoons sugar

#### **For filling**

1 1/2 cups farmer cheese  
2 cups cottage cheese  
1/4 cup sugar  
1 1/2 teaspoons cinnamon  
1 tablespoon all-purpose flour if needed

**Wrappers:** Blend wrapper batter ingredients and let stand 30 minutes.

In an 8-inch skillet, preferable non-stick, melt 1/2 tbsp butter over moderately high heat. Pour in enough batter to just coat the bottom of skillet, swirling, and cook, undisturbed, until top is set and bottom is golden (do not turn wrapper over). Transfer wrapper to paper towels golden side down. Make more wrappers with remaining batter.

**Filling:** Blend cheeses, sugar, and cinnamon until smooth. If necessary, add flour to thicken filling.

Preheat oven to 250° and line a baking sheet with parchment paper.

Put 3 tablespoons filling in center of each wrapper and fold opposite sides of wrapper over filling until sides barely touch. Fold in ends to completely enclose filling, forming packets, and arrange, seams sides down, on baking sheet. Make more blintzes with remaining filling and wrappers. Bake blintzes, covered loosely with foil, until heated through, 5 to 10 minutes.

**Shabbat Services** and Potluck dinner, Friday evening, 6:30pm, May 17<sup>th</sup> (Shavout), June 21<sup>st</sup>

**Summer Services** start July 5<sup>th</sup> and are every Friday evening at 8pm for July and August.

Lake Placid Synagogue

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