



Lake Placid Synagogue Newsletter

2307 Saranac Avenue, Lake Placid, NY 518-523-3876

March/April 2013

From the Desk of the Adirondacker

March / April 2013

Spring seems a long way off as I write this! Daylight Savings Time is almost here! The trees are in their winter state. The snow keeps falling. Passover this year will be the earliest it has been in over 400 years.

The first seder is on Monday, March 25th this year. This is the time of the year when our tradition demands that we look back on our personal history of slavery in Egypt and as we go through the seder we feel ourselves becoming free persons once again. This yearly reminder of the slavery in Egypt is the fulcrum on which our appreciation of freedom rests. It is the probable root cause of our long history of concern for those who are not privileged to live in freedom.

I am often asked about legumes and rice on Passover! Do you have Ashkenazi roots? Do you trace your family back to the Mediterranean or Poland? If you do, you might have a Sephardic background. In either case, for most of us these terms have lost their significance. We truly are part of the melting pot called America. Nevertheless, there still seems to be some debate about what you may or may not eat on Passover. On Passover, one is not to have chametz, leavening in your home. By "chametz", the tradition means those grains from which matzah may be baked: wheat, barley, oats, rye, and spelt. No other foodstuffs are regarded as chametz.

In 1810 the Reform Movement in Germany determined that they would be following the Sephardic practice of not categorizing any legumes or rice as chametz. The prohibition found its roots in France in the 13th century and then spread through Europe. In actuality, allowing rice and legumes predates Sephardic Jews. Disallowing these foods actually contradicts the Talmud, which allows them. The Talmud even disputes the reasoning that these foods can be dried and made into flour and thus is chametz. Enjoy your rice, corn and legumes. Whether you do or do not wish to have these for Passover, enjoy your Passover with your family.

I wish you all a very happy, kosher and enjoyable Pesach and hope that you will celebrate the deliverance from slavery with style.

With best wishes,
Alec H. Friedmann
Rabbi
adk-reb@ix.netcom.com

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JOIN US FOR SHABBAT SERVICES AND
POTLUCK DINNER THE THIRD FRIDAY
EVENING OF EACH MONTH AT 6:30PM

March 15th, 6:30pm – Service & Potluck
March 25th, 6pm – Passover Seder
April 19th, 6:30pm – Service & Potluck

President's Message – March 2013

Purim is a few days off and will not only see our usual fun Megillah reading and celebration, but will also be the kick off for our new monthly Sunday School. We have invited families with children to join us at 5:30pm to make masks and groggers, bake hamantaschen, have dinner together and stay for the Megillah reading. Our next Sunday School gathering will be just before Passover. Since the children are our future, this is very exciting!

Our Community Passover Seder is just around the corner. It reminds me of the family seders of my youth – lots of very friendly people and lots of sweet wine. If you have not attended in the past please join us this year.

I hope to continue our tradition of tzedakah and ask that you bring bags of food for the LP Ecumenical Food Pantry whenever you come to the temple. This is an easy way of helping those in need.

Sue Semegram, President

Sunday School Series

Join us for a series of hands on activities for children of all ages about Jewish holidays. Each evening will include a story, an art project and a baking/cooking activity. Activities start at 5:30 and Pizza dinner at 6:30.

Passover, March 24th (the night before the first Seder): Make seder plates and charoset
Shabbat, April 21st: Make Challah covers and bake challah

We had hoped to get a monthly Sunday School going here at the Lake Placid Synagogue and we thought we would start with this. Parents are expected to join their children. While there is no fee for these sessions, we will ask parents to contribute towards dinner. Please RSVP to Jordanna Mallach at 378-8089 or email her at jmallach77@gmail.com.

A bissel a Yiddish– a continuing tutorial

Here is the last Yiddish word that I have on my long list, but I have a change for the next issue. Or perhaps someone will send me some new Yiddish words that I have not included.

Meshuga (muh-SHOOG-uh) adjective - Crazy; stupid. From Yiddish meshuge, from Hebrew meshugga.

YARTZEITS 2013 5773



Yartzeit Candle/Yizkor Service

There are 4 times a year when Jews light a special candle, called a Yartzeit Candle, in memory of loved ones who have died. Yizkor is a memorial service recited on Yom Kippur as well as the last days of Passover, Shavuot, and Sukkot. Yizkor, the Hebrew word for "remember", asks God to remember those we mourn and to grant them proper rest.

A Yartzeit Candle is lit at sundown on...

The first night of Yom Kippur

The night of Shemini Atzeret
(the 8th night of Sukkot)

The second night of Shavuot

The last night of Passover

Yizkor service takes place the following day.

ADAR

Adar 19	March 1	Herman Ringler
Adar 20	March 2	Jay Leshin Isidor Friedman Louis Brown
Adar 21	March 3	Morris Geostman Lillian Rosenberger
Adar 26	March 8	Ida Finkelstein Katz
Adar 27	March 9	Dominik LaPollo

NISSAN

Nissan 2	March 13	Martin B. Goldstein
Nissan 4	March 15	Richard Hoffman
Nissan 5	March 16	Meta Alder
Nissan 6	March 17	Albert (Abbey) J. Slavin
Nissan 7	March 18	Irving Stollow Ruth Karp
Nissan 12	March 23	Steven Gellas Helen Rivkin Slavin
Nissan 13	March 24	David Silbergeld Frank White
Nissan 14	March 25	Dorothy Futtermand
Nissan 16	March 27	Martha Novich Soloman Gross
Nissan 19	March 30	Ernest Rosenberger
Nissan 20	March 31	Stephen Samuels Wise
Nissan 21	April 1	Victoria Kestenbaum Henry Karp
Nissan 22	April 2	Rose Bloch
Nissan 24	April 4	Maralla Goldberg Benny Block
Nissan 27	April 7	Jack Bellew

LYAR

Lyar 5	April 15	Menahem Andre Barshad Alice Krinowitz
Lyar 10	April 20	Yetta Cymberg Ben Zucker
Lyar 13	April 23	Anne Ida Futterman David Sheckley
Lyar 15	April 25	Yentha Gelles Louis Goldberg
Lyar 19	April 29	Johanna Lichtenstein Adolph Leon

Each issue of the newsletter contains YARTZEIT observances of individuals that have some connection to the temple. We would appreciate your help by carefully reviewing the list and advising us of any additions or corrections. If your loved ones names do not appear please send the correct information including the exact date so it can be converted to the Hebrew date. We would be honored to publish their names. Please email this to Sue at: sue@lakeplacidsynagogue.org

Passover First Seder at the LPS – Monday, March 25th, 6pm

Passover is the time of the year when our tradition demands that we look back on our personal history of slavery in Egypt and as we go through the Seder we feel ourselves becoming free persons once again. This yearly reminder of the slavery in Egypt is the fulcrum on which our appreciation of freedom rests. It is the probable root cause of our long history of concern for those who are not privileged to live in freedom.



Please join our family of the "Frozen Chosen" as we celebrate the first night of Passover with our community Seder at the Synagogue. We do the cooking, catering, and cleaning and you get to enjoy a wonderful Seder complete with reciting the four questions, singing Dayanu, and reminding ourselves and teaching our children about the Passover story. Dinner includes all the "standards" – Gefilte fish, hard boiled eggs, matzo kugel, potato kugel, Salmon, and wonderful Pesadich desserts. Bring the whole family and your guests. A donation is requested with the suggested amount of \$18 per person. Reservations should be made by March 20th. Call Susan Friedmann at 569-5610 or email her at <mailto:susan@thetradeshowcoach.com>.

HARRIS'S MACAROONS – these are the best!

3 cups shredded sweetened coconut	1 egg white
1 14 oz can sweetened condensed milk	½ cup matzah meal flour
1 ½ tsp Vanilla	1/8 tsp salt
1 cup chocolate chips	

Preheat oven to 350. Combine the coconut, matzah meal flour and salt and mix well. Add egg white, vanilla and milk. When the ingredients come together in a sticky batter fold in the chocolate chips. Drop by tsps onto a VERY WELL greased foil covered cookie sheet. Bake for 15 to 20 minutes till edges are golden brown and inside is firm.

ALMOND MACAROONS

1/2 lb (about 2 cups), almonds	1/2 cup matzah meal
3 egg whites, at room temp	2/3 cup firmly packed brown sugar
2 Tbs maple Syrup	1 tsp vanilla extract
1/2 tsp cinnamon	Dash of salt

Preheat the oven to 350. Put the almonds on an oven tray and lightly toast for about ten minutes or until brown and aromatic. Cool, then process in a food processor until you get a very coarse meal.

Beat the egg whites until stiff. Still mixing, add the vanilla, sugar, cinnamon and salt. Gently fold in the ground almonds and matzah meal.

Drop by tablespoons (or pipe) onto a lined baking tray. Bake for 15 minutes or until golden on the edges. Transfer to a wire rack to cool. They will be soft when finished, but harden a bit as they cool. Yields about 30 macaroons.

Shabbat Services and Potluck dinner Friday evening, 6:30pm, March 15th, April 19th

Sunday School for families with children, 5:30pm, March 24th, April 21st

Passover Seder, Monday, March 25th, 6pm

Lake Placid Synagogue

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